

# Mindful Ride

## a VR meditation experience

### Team

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### Motivation/Goals

**Problem:** Perceived increase in stress and mental health problems

**Concept:** Meditations, distraction activities, mood tracking and self-learning courses

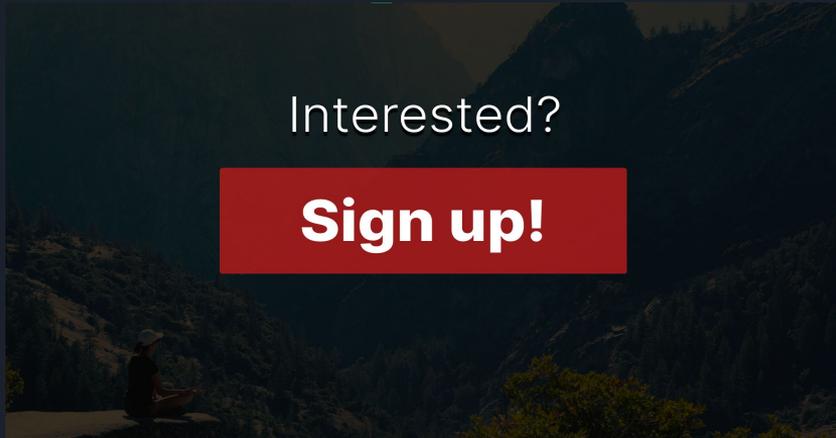
**Goal:** Researching and evaluating different apps + gauging public interest

### Technology

Figma  
GitHub (Pages)  
Jekyll

# Results

Website for detailing our idea and research



Figma prototype usable with VR devices

